

## My Success Story

Hi, my name is Monica and I am 41 years old. Before I came into recovery I was going through a lot of changes and was lost. On January 27, 2020 I started something new when Claudia & Eddie's accepted me into their program, I began to recover my life. I learned about support groups like A.A. and N.A., different ways to stay clean, especially "emergency thinking" so I wouldn't get high. I began learning different things about God, and I began to believe in myself. It is good to have a roof over my head, and a good head on my shoulders. I am living with classy women, staying neat and clean, and not thinking about a man! I have started taking job training classes where I learned how to use a computer to create a resume. One important thing I was introduced to was the concept of getting a Sponsor, mine is Ms. Stephanie who is a very nice woman. I am getting filled with a lot of love to become a star.

Monica S.

## My Success Story

My name is Tenika and I am 41 years old. I got high for 16 years before coming into Claudia and Eddie's. I was homeless and turning tricks to get on more. I didn't have any teeth or the glasses I need to be able to see. I came in with the clothes on my back and was very empty inside with no feelings at all, not caring about anything; not me, my kids, or my family. Since I have been here, I've learned how to love myself and I now have the glasses I needed and teeth! I've been clean 65 days and talk to my mom every day. My sponsor is great and we talk every day about things I never wanted to talk about. I have begun to feel and I don't have a bad attitude anymore; I've stopped blaming people for my problems. I sit back and think about my actions. My next step is to look for a job and get my own place so I can get my daughter back with me. I would have never thought I could do this, but I am; my self-esteem is getting better and I feel better every day. Today I don't pick up that "one more", today I love me! Every morning I read:

*"Just for today, my thoughts will be on my recovery, living and enjoying life without the use of drugs. Just for today, I will have faith in someone in NA who believes in me and wants to help me in my recovery. Just for today, I will have a program. I will try to follow it to the best of my ability. Just for today through NA I will try to get a better perspective on my life. Just for today I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear."*

Tenika T.