

My Success Story

I first came to this program from prison and I was not ready to change my thinking and behaviors. I was easily frustrated and figured I could “fake it till I make it”. Once I realized that this program really worked if I was willing to change I started to see things happening for me. Through the toughness of Ms. J. and the TEECH Program, I realized there was a different way to live and be happy without drugs and alcohol; and that it’s not just about addiction but change as well. You have to be willing to change your life for a better future. Through the spiritual aspect of this program I have redirected my life to God and let him direct my path as he sees fit. This program has taught me to be proud of myself and find happiness and love within myself. I have learned to take care of me and not allow others to take advantage of me. Without the structure of this program, I would still be going down the same destructive path but expecting different results. Now I have a purpose in life, I have learned to be patient with myself and others and that I don’t need drugs or alcohol to be someone I’m not. I would probably be in prison, homeless, or dead if I wasn’t here. This program has given me a future because it made me believe in myself.

Kim M.